### APRIL / MAY 2025

President: Mary Sprague Editor: Michelle Reynoso EbellEchoNewsletter@gmail.com

## **MEETING CALENDAR**

Next General Meeting MAY 2, 2025

## **ELKS LODGE**

1400 Elks View Lane, Fullerton 10:30 Social / 11:00 Meeting

#### **LUNCH MENU \$24**

Chicken & Cheese Enchilada, Beans, Rice, Chips, Salsa & Sour Cream, and, with dessert!

Please RSVP for lunch with Chairman Ethel Lee Hainline at 714.899.9382.

Please leave a message by the Friday before the General Meeting

Attention Members: If you made a lunch reservation, and do not cancel by the above deadline, you will be charged for the lunch.

TUES EVENING MEETING MAY 13 at 7:00 pm

## President's Message: Mary Sprague

It was wonderful to have two new members, Michelle Reynoso and Hannah Sprague, join Christine, Libby and me at the Orange District Convention. The bylaws and standing rules were accepted, except for one when they realized they still have equipment that the President should be responsible for. There was a lot of excitement for us, and you will hear about that at the meetings. Hopefully, we can get more members to attend in the future.

The Orange District Summer Conference will be held on Saturday, August 9th at the Yorba Linda Community Center from 10:00am to 2:00 pm. They will have workshops and some hands-on service projects. The cost will be \$35.00 and there will be a sign up at the May meetings, and reminders as it gets closer.

The **Ebell Club of Anaheim's General Meeting** will be held on **Monday, May 5th** at 6:00pm. It will be a dinner meeting and the program will be the Anaheim Ballet Company. Let me know if you would like to attend.

While the club year is winding down, we still have many projects and activities and planning for the upcoming club year will be starting. The Club needs every person to volunteer in some way to be successful so please say YES if asked, and please volunteer.

Mary

Orange District > cfwcorangedistrict.com
California Federation of Women's Clubs > www.cfwc.org
General Federation of Women's Clubs > www.gfwc.org



### **ELECTION OF 2025-26 OFFICERS**

- President- Mary Sprague
- 1<sup>st</sup> VP Dean Christine Truxaw
- 2<sup>nd</sup> VP- Membership –
   Ethel Hainline & Barbara Quintana
- 3<sup>rd</sup> VP Programs Suzanne Photakis
- 4th VP Events Hannah Sprague
- Secretary JoAnne Carmony
- Treasurer Bev Nihei





**HAPPY BIRTHDAY JAN MURRAY (May 10)** 

WELCOME TO NEW MEMBERS
CHARYSSE SWEET, KATERI LUKA,
LOIS COTHRAN, & NICOLA LINTON

# **Upcoming Events...**

#### 3rd VICE PRESIDENT - TINA FORTE

Carol Eddy, licensed Psychotherapist from Fran's Place will be the speaker at Ebell's meeting on Friday, May 2nd. A center for cancer counseling to cancer victims of all ages. Fran's Place – Center for Cancer Counseling was developed as a safe and comfortable place where all cancer patients and their families receive valuable support, education and the tools to cope with the feelings surrounding the diagnosis, treatment and side effects of cancer.



Carol is a compassionate Licensed Psychotherapist in Orange County since 1997. She has supported The Center since it opened. Her clinical specialty is assisting Cancer Patients and their Caretakers improve their coping skills when their lives are affected by Cancer.

Personally impacted by Cancer, she has been a primary caretaker for several of the closest people in her life. Carol feels honored to work so closely with others who are faced with cancer, to navigate and find their "new normal." In addition to her clinical practice, she also has facilitated workshops and retreats as well as cancer support groups at several local Orange County hospitals. She has a private

practice in Newport Beach and is also actively involved with several non-profit cancer organizations.

## **EVENING GROUP**

For our meeting on Tuesday, May 13, we will be learning about Self Defense from George Haines who has worked for both the LA and Azuza police departments. He is

currently retired, but still teaches an evening class in Self Defense at Fullerton College.

At Fullerton College, his course description says it's an opportunity to develop proficiency in weaponless defense techniques, controlling combative individuals, and handling passive, uncooperative, or armed-aggressive individuals.

Please wear comfortable, athletic style clothing for this evening class.



#### **ORANGE DISTRICT CONVENTION**

The Orange District Convention was held on April 11 at the Santa Ana Elks Lodge. The theme was "Tieras, Diamonds & Pearls". Tustin Women's Club was the host, and clubs from all over Orange County were representing. Our members Mary Sprague, Christine Truxaw, Libby Buckley, Hannah Sprague, and I (Michelle Reynoso) represented our Ebell Club of Fullerton. We also shared our table with Ebell Club of Anaheim, and I learned about the history of Anaheim, including how the street "Katella" got its name.

It was my first time as an attendee. I had a lot of fun, and I wish we had more representation from our Club. If you have never been, I would highly recommend going next year, and meet other remarkable women from all over Orange County. Here are some hightlights... more details will come out next issue.



















## GENERAL MEETING RECAP ....





Matha Wade from A Quater Blue spoke to the General Meeting group.

A Quarter Blue is a charitable organization offering therapy & support to crime victims; in addition to training communities on crime prevention.



## EVENING MEETING RECAP

The evening group had a very busy night on April 8. We started off the meeting with filling Easter eggs for the Homeless Intervention Services of OC (HIS-OC) Dia De Los Ninos event. It is estimated we filled over 200 eggs.













## EVENING MEETING RECAP (continued)

Following the egg filling, members Ethel and Max gave a class on how to crochet. Students were given the task of bringing a G hook and yarn. Most of the attendees were first timers. An hour definitely wasn't enough time, so we may need to have another session. Who's interested?



















#### 1st Vice President & Dean: Christine Truxaw

Thank you, ladies, for all the work that we do for the surrounding community with our Club projects. Here are some hightlights:

- The Evening section filled hundreds of plastic eggs for the Homeless Intervention Services of OC (HIS-OC). Thank you to the members that brought in candy and plastic eggs.
- The collected dollars and change for the Penny Pines Project as reached \$67.00.
- The Club received a Certificate of Recognition for the donation of \$300.00 to the Tree Planting Project from the Board of Supervisors Fourth District.
- Some of the Club members will be participating in the Love Fullerton Project on Saturday April 26th at the registration table.
- Libby Buckley turned in 24 lbs. of tabs for the Ronald McDonald House. This is an ongoing project and she will continue to collect tabs.
- We collected a food and cleaning items for Pathways of Hope for the Federation Day. The
  food drive came at a good time for POH, because they are not receiving usual food from the
  local markets as they have in the past.

#### EBELL SCHOLARSHIP

The first annual Ebell Scholarship received a good turnout. We will be awarding one scholarship of \$1000 per school. Per Sharon Hollon, we had a great response to our scholarship, and we are still going over the applications.

We need people who would like to present the awards at the Senior Awards ceremony for each school. The awards nights are also listed with each school. Most begin at 6 pm. If you forgot to add your name to the sign-up sheet, we *may* have a few spots.

Please contact Mary Sprague for more information.

Buena Park HS - 2 applicants - 5/19/25 Fullerton HS - 17 applicants - 5/21/25 La Habra HS - 5 applicants - 4/21/25 Sonora HS - 9 applicants - 5/22/25 Sunny Hills HS - 5 applicants - 5/14/25 Troy HS - 4 applicants - 5/28/25

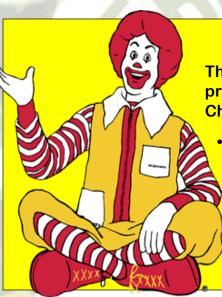




## **SUNDAY, MAY 4**

Homeless Intervention Services of OC (HIS-OC) is looking for volunteers on Sunday, May 4 from 7:00 to 8:00 P.M. It is also "Star Wars" day.

If you forgot to sign up, please contact Mary.



## PLEASE COLLECT PULL TABS

The Ronald McDonald Pull Tabs Program is a recycling program that helps raise funds for Ronald McDonald House Charities. To participate in the program, we need to:

 Collect aluminum pull tabs from containers like soda, soup, pet food cans, etc.

It takes approximately 1,128 pop tabs to equal one pound.

The program brings in an average of \$6,000 each year.

## ECHO NEWSLETTER SUBMITTALS

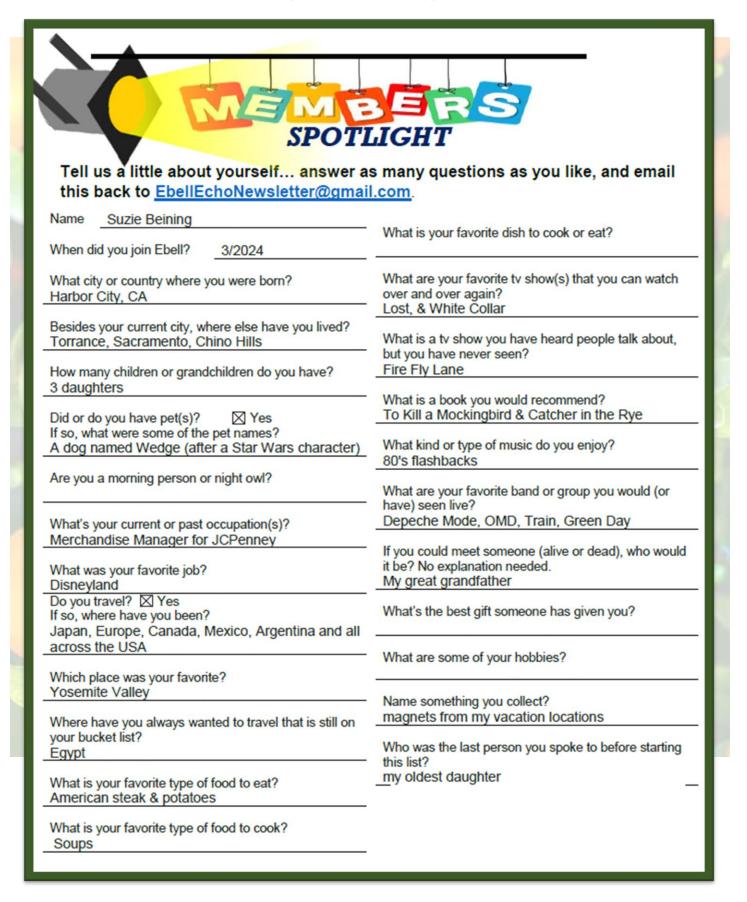
Photos and/or a write up are needed from May general <u>and</u> evening meeting, the Ebell Spring Tea, the Ebell Scholarship Recipients, and from the Love Fullerton event.

June Issue: The deadline has been moved to May 26

July Issue: due by June 16, (Summer Break), September issue: due by August 18

# Tell us something about yourself!

We will highlight a member each month. If you need a digital copy, email <a href="mailto:EbellEchoNewsletter@gmail.com">EbellEchoNewsletter@gmail.com</a>;



# Ebell Club of Fullerton 2025 Meeting Schedule

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	General Meeting / Lunch	Evening Meeting	Board Meeting
	1 <sup>st</sup> Friday of the month	2 <sup>nd</sup> Tuesday of the month	4 <sup>th</sup> Wednesday of the month
	June 6 SUMMER BREAK!! September 5	June 17 SUMMER BREAK!! September 9	June 25 SUMMER BREAK!! September 24



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