

# The Ebell Echo



Ebell Club of Fullerton | PO Box 10145 Fullerton, CA 92838 | [www.ebellcluboffullerton.com](http://www.ebellcluboffullerton.com)  
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## JAN / FEB 2025

President: Mary Sprague  
Editor: Michelle Reynoso  
[EbellEchoNewsletter@gmail.com](mailto:EbellEchoNewsletter@gmail.com)

## MEETING CALENDAR

### Next General Meeting FEBRUARY 7, 2025

#### ELKS LODGE

1400 Elks View Lane, Fullerton  
10:30 Social / 11:00 Meeting

#### LUNCH MENU \$24

Roast Pork in Pineapple Sauce,  
Parsley Potatoes, Vegetables,  
Salad & of course, Dessert

Please RSVP for lunch with  
Chairman Ethel Lee Hainline at  
714.899.9382.

Please leave a message by the  
Friday before the General Meeting

Attention Members: If you made a  
lunch reservation, and do not  
cancel by the above deadline,  
you will be charged for the lunch

### EVENING MEETING FEBRUARY 11 at 7:00 pm

## President's Message: Mary Sprague

HAPPY BIRTHDAY TO US! At the February meetings we will be celebrating Ebell Club of Fullerton's 108<sup>th</sup> Birthday. Over 100 years of providing community services, CONGRATULATIONS TO US.

Time does move along. In order for the club to continue it is time for all of us to think about how we can help serve the club.

Attached to the Echo is a Preference Sheet of how you can help. THIS IS NOT A COMMITMENT, only a preference sheet for the use by the Nominating Committee to help select the officers for the upcoming year. It will also help the incoming President see who would be interested in a chairmanship. Remember it takes a village so the club needs **everyone** to help with the leadership of the club.

If you did not have an opportunity to review the club reports here is a quick summary:

Projects	57
Volunteer Hours	1,413
Dollars Donated	\$25,859
In-Kind Donations	\$900

Ebell does make a difference! It is easy to chair a project; please think about something you would like the club to do and then volunteer to help organize it. If you do not want to do it alone, ask someone to work with you and co-chairmen or co-officers. We can have 2 people share a position, just remember the position gets one vote.

Looking forward to celebrating the Club's Birthday, best part is that this birthday does not make any of us is another year older.

Mary

LEARN MORE ABOUT OUR ORGANIZATION!

Orange District > [cfwcorangedistrict.com](http://cfwcorangedistrict.com)  
California Federation of Women's Clubs > [www.cfwc.org](http://www.cfwc.org)  
General Federation of Women's Clubs > [www.gfwc.org](http://www.gfwc.org)



Rebecca Williams collected almost 2 full jars of tabs in 2024 for the Ronald McDonald House. Awesome job.



## SAVE THE DATE:

### EBELL ANNUAL TEA

The Ebell Tea is scheduled for Sunday, April 27 at 2:00 PM at the Ebell Club in Anaheim

We need volunteers to coordinate, work on the door prizes, decorate and more. If you are interested, please contact Mary Sprague.

## HAPPY BIRTHDAY

- 7 Jean Frick
- 21 Suzanne Photakis
- 24 Bill Acalin
- 25 Joan Belanger
- 26 Sharon Hollon
- 28 Loretta McLaughlin

### 3rd Vice President: Tina Forte


In celebration of Ebell's Anniversary, we will be entertained by Roy "the Karaoke King" Southerland. Join us on February 7th, as it's going to be a very FUN time.

### OTHER UPCOMING EVENTS....

February 8 – Valentines for Veterans in Brea

February 11 – Club Birthday

**Roy Southerland**



Music of the  
50's, 60's,  
70's, and  
More!

Well known as Mr. Entertainment and/or The Karaoke King, He has been entertaining throughout Southern California for 14 years. Roy is a multi-talented Singer, DJ, KJ, and MC for audiences of all ages. Come enjoy, Guaranteed a great time!

Come Join Us For Some Great Music And Dancing



## Ebell Members sharing a fun moment

# MEMBERS CORNER



Wedge Antilles Beining is named after a Star Wars character. Luke Skywalker's best friend in the original 3 movies from the 70s. Wedge is an eleven year old mixed breed. We had her DNA tested to find out that she is German Shepard, Husky, Rottweiler, and Chow. My husband, Grant and daughter Kayla, went to OC Animal Care to look at dogs and cats as an outing. They came home with a 2 year old dog that was already trained. She instantly became family!

**Submitted by Suzie Beining**



Harper Photakis by the Christmas Tree

**Submitted by Suzanne Photakis**



Visit with grandma in Rio Vista, TX.  
The little one is the nephew.

**Submitted by Danielle Martin**



We went to one of the paint and wine nights.  
Left to right: Robin, Suzanne and me.

**Submitted by Christine Truxaw**

Share your favorite recipe with the group!

**EbellEats**

## Easy Valentine's Shortbread Cookies

### Ingredients

- 1 cup salted butter softened
- $\frac{2}{3}$  cup sugar
- $\frac{1}{2}$  teaspoon vanilla extract
- 2 cups all-purpose flour
- $\frac{1}{2}$  cup red pink and white nonpareil (sprinkles)
- 1 10- ounce bag Hershey's Hugs



### Instructions

1. Heat oven to 350°F. Pour sprinkles into a shallow bowl. Unwrap Hershey's Hugs and set aside.
2. Combine butter, sugar and  $\frac{1}{2}$  teaspoon vanilla extract in a mixer bowl. Beat at medium speed, scraping bowl often, until creamy.
3. Add flour; beat at low speed, scraping bowl often, until well mixed.
4. Shape dough into small 1-inch balls (I use a small ice cream scoop).
5. Roll balls of dough in sprinkles, patting sprinkles gently onto any areas where sprinkles have not adhered. You want to have the little balls pretty much completely covered with sprinkles.
6. Place 2 inches apart onto ungreased cookie sheets. Bake 14-18 minutes or until bottoms are lightly browned.
7. Remove from oven and let cool for a minute or two then quickly place a Hershey's Hug in the center of each cookie, barely pressing down (about  $\frac{1}{4}$  inch or less!) into the cookie.

Don't be tempted to press the kiss too deeply into the cookies as they will crack at the edges. If you do have any cracking, gently push the crack back together while the cookies are still warm. To keep the kisses from melting, transfer cookies to a plate or small cutting board and refrigerate for 20 minutes. If you don't refrigerate them, the kisses will take quite a while to firm up. Be careful when you move them so the kisses don't collapse or distort in shape from the movement.

## 1<sup>st</sup> Vice President & Dean: Christine Truxaw

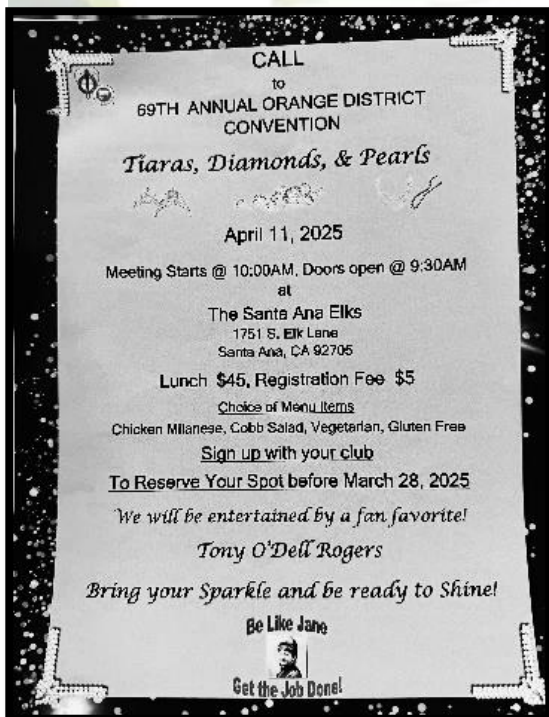
In January, the evening section enjoyed the speaker Julie Powers a Certified Perimenopause and Menopause Coach. She had lots of good information about the reduction of hormones in our bodies during this time of our lives and the symptoms the women experience. She had a list of 34 symptoms. Her goal is to help women lesson their symptoms, reduce belly fat and regain energy. Though she aims her coaching to women during this time of their lives, her information about gut health was good for all ages. She thanked me for the chance to speak with our club and wanted the opportunity to speak again. Let me know if you would like her to return for another evening.

In February, the evening section will be celebrating the club birthday. There will be Birthday cake, a game, and a hands-on service project. Please come and join the fun!!

Deans: We still need ideas for club projects. If you have an idea of a project or a place that we can get involved please let me or Mary know.

Side note: If you didn't get this from JoAnne, there is a club event on February 6th at Fratellino's in Brea at lunch to write cards to Veterans.

Christine



## OD CONVENTION: APRIL 11

Lunch \$45,  
Registration \$5 (covered by Ebell)  
Santa Ana Elks Club

Please respond by March 28  
Contact Mary Sprague if you wish to  
represent our club



## ***EBELL UPDATE***

Last Christmas, Ebell participated in “Making Spirits Bright” and helped out three military families.

We received an email showing one of the families that received their gifts.

### **Julie Powers: Certified Perimenopause and Menopause Coach**



Julie Powers spoke to our evening group about going through Perimenopause and Menopause. She provided helpful tips in conquering common symptoms we encounter as we go through “the change” and categorized them into 4 groups.

For more information about Julie’s work, and if you are interested in a 90-day customized program, visit <https://themomentummakerinc.com/>

### **PERSONAL INTEREST: JAN MURRAY**

It is with a heavy heart that we lost three of our Ebell members: Jean Frick, Lynn Winkler, and Norma Galant. There will be no public service for Lynn.

Norma’s memorial is scheduled for February 22<sup>nd</sup>. More information to follow.

Jean’s service will be on January 30 at 10:00 A.M. at Saint Justin Martyr Church, 2050 W Ball Ave. #5415, Anaheim, Ca., 92804. If you would like to gather at Kathy’s house (one of Jean’s daughters) after the funeral, it will be at 2751 Merlin Ave., Fullerton, Ca., 92833.

I’m going through another procedure. Otherwise, all is well with everyone else.



Tell us a little about yourself... answer as many questions as you like, and email this back to [EbellEchoNewsletter@gmail.com](mailto:EbellEchoNewsletter@gmail.com).

Name Mercedes Szarka

When did you join Ebell? 2010?

What city or country where you were born?  
Fullerton, Orange

Besides your current city, where else have you lived?  
Riverside, Colton, Bloomington, CA

How many children or grandchildren do you have?  
3 children, 5 grand, 1 great

Did or do you have pet(s)?  Yes  
If so, what were some of the pet names?  
Lulu, Puffy, Sam, Tammy

Are you a morning person or night owl?  
Morning

What's your current or past occupation(s)?  
Real Estate Sales

What was your favorite job?  
Real Estate helping clients

Do you travel?  Yes  
If so, where have you been?  
Canada, Some of the US Europe, Costa Rica

Which place was your favorite?  
Eastern Europe (my husband's roots)

Where have you always wanted to travel that is still on your bucket list?  
? Not sure

What is your favorite type of food to eat?  
Like most, home style mexican

What is your favorite type of food to cook?  
Like to bake

What is your favorite dish to cook or eat?  
A good roast

What are your favorite tv show(s) that you can watch over and over again?  
Love Jeopardy

What is a tv show you have heard people talk about, but you have never seen?  
The Bachelor

What is a book you would recommend?  
The Guardians - John Grisham

What kind or type of music do you enjoy?  
Contemp.

What are your favorite band or group you would (or have) seen live?  
Neal Diamond

If you could meet someone (alive or dead), who would it be? No explanation needed.  
?

What's the best gift someone has given you?  
Love & Support (my husband)

What are some of your hobbies?  
Yoga, golf, baking

Name something you collect?  
Depression glass, antiques

Who was the last person you spoke to before starting this list?  
—

# Ebell Club of Fullerton: Interest Sheet

**THE CLUB NEEDS YOU!** Please indicate below what you would be willing to do during the 2025-26 Administration. **THIS IS NOT A COMMITMENT!**

**Please Indicate everything you might be interested in doing. We need everyone to be involved and help.**

## OFFICES

- President
- 1<sup>st</sup> VP-Dean
- 2<sup>nd</sup> VP-Membership
- Daytime
- Evening
- 3<sup>rd</sup> VP-Programs
- Daytime
- Evening
- 4<sup>th</sup> VP-Events
- Secretary
- Treasurer

## STANDING COMMITTEE CHAIRMAN

- Amenities
- Echo Editor
- Echo Printing/mailing
- Evening Hospitality
- Luncheon Coordinator
- Personal Interest
- Inspiration

## SPECIAL APPOINTMENT CHAIRMAN

- Memorial Day Service
- Reservations
- Yearbook
- Webmaster

## PROGRAM CHAIRMAN

- Arts and Culture
- Civic Engagement & Outreach
- Communications & PR
- Education & Libraries
- Environment
- Health & Wellness
- Legislation

**What projects would you like to Club to do?**

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Return this form to any Board Member**



Uniting Communities  
Engaging Minds  
Building Futures

Fullerton Joint Union High School District Presents

# VISUAL ARTS Show

Join us for an unforgettable exhibition at the Muckenthaler Cultural Center, celebrating the talent and artistic passion of students from Buena Park, Fullerton Union, La Habra, La Vista, La Sierra, Sonora, Sunny Hills, and Troy High Schools.

**Exhibition: January 23rd- February 9th, 2025**

**Opening Night Reception**  
Thursday, January 30th, 2025 at 7:00 p.m.  
Muckenthaler Cultural Center  
**FREE Admission**

FJUHS Arts  
WWW.FJUHSDVAPA.COM

Muckenthaler BLICK art materials

## EBELL CLUB OF FULLERTON 2025 Meeting Schedule



General Meeting / Lunch 1 <sup>st</sup> Friday of the month	Evening Meeting 2 <sup>nd</sup> Tuesday of the month	Board Meeting 4 <sup>th</sup> Wednesday of the month
February 7	February 11	February 26
March 7	March 11	March 26
April 4	April 8	April 22
May 2	May 13	May 28
June 6	June 17	June 25



**EBELL CLUB OF FULLERTON**  
**PO Box 10145 Fullerton, CA 92838**



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**Ebell Club of Fullerton**

 Facebook and  Instagram