The Blell Echo GFWC CWFC

Issue: NOVEMBER 2024

President: Mary Sprague
Editor: Michelle Reynoso
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MEETING CALENDAR

Next General Meeting November 1, 2024

ELKS LODGE

1400 Elks View Lane, Fullerton 10:30 Social / 11:00 Meeting Luncheon Cost - \$24.00

MENU

Turkey, mashed potatoes, gravy, veggies, salad and dessert

RSVP with Reservation Chairman Ethel Lee Hainline 714.899.9382

Deadline to RSVP for the General Meeting Luncheon is the Friday before the meeting

Attention Members: If you have a lunch reservation, and do not cancel by the above deadline, you will be charged for the lunch

November 12 at 7:00 pm ELKS LODGE

President's Message: Mary Sprague

Fall is finally here, hopefully. The weather is cooling off and the time will be changing. Time to start thinking about the holidays and family, friends and those who need us.

Mercedes will have a signup sheet for the children of Crittenton Services Christmas gifts at the meetings. Each year we select names and purchases gifts for the children of Crittenton for those members who choose to.

Also, this year, Senator Josh Newman will also be having a toy drive in Fullerton. If you wish to attend their toy drive it will be on Thursday, November 21st, 6-8 pm at the Fullerton Museum Center, 301 N. Pomona Ave., Fullerton. If you plan on attending take your toy with you, as that will admit you. There will be food, games, crafts and prize raffles. More information is inside the Echo, and RSVP is recommended.

If you cannot attend the toy drive, members can bring a toy or game to the NOVEMBER MEETING and we will deliver it for you. All toys will go the families at the Marine Corps at 29 Palms.

In addition, Ebell will be purchasing gifts for 2 families of the Marine Corps at 29 Palms; Thank You to Sharon Hollon and Michelle Reynoso for co-chairing this project.

Orange District > cfwcorangedistrict.com
California Federation of Women's Clubs > www.cfwc.org
General Federation of Women's Clubs > www.gfwc.org

President's Message: Mary Sprague (continued)

A GFWC THANKSGIVING

TABLE: Brings the members together through communications, meetings and events.

SILVERWARE: The tools used; newsletters, Facebook and twitter

TURKEY: The main event, the accomplishments achieved

GRAVY: The financial reward from fundraisers

STUFFING: The projects we stuff into each year to meet community needs

VEGETABLES: Our members, all different and worth getting to know

CRANBERRIES: The challenges faced to give a new perspective

RELISH: Friends you meet by being a member

PUMPKIN PIE: Recognition – the sweet taste of success of a job well done.

Hope you all will have a Happy Thanksgiving!

- Mary

NOVEMBER BIRTHDAYS

NOV 25 Norma Gallant

NOV27 Danielle Martin

Ebell Members sharing a fun moment

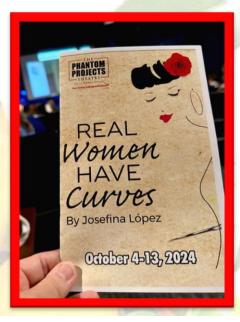
WE CORNERS



Rebecca Williams visiting the Williams
Reindeer Farm in Palmer, Alaska



Hannah Sprague and her family visiting Nashville, Tennessee





On October 13, our Club went to a matinee performance of Real Women Have Curves at the Phantom Projects Theater in La Habra. Suzie Beining's youngest daughter, Kayla took a group selfie to capture the occasion.

PHOTOS WANTED!!! Share your family pictures, pictures from Ebell outings or of our guest speaker from our meetings. Email EbellEchoNewsletter@gmail.com – and please – include details about the photo!

EbellEats

Halloween Chex Mix

3/4 c. brown sugar 4 c. rice Chex

6 T. butter 1 can honey roasted peanuts

3 T. corn syrup4 c. corn Chex½ bag stick pretzels1 bag candy corn

Melt first 3 ingredients in column 1 - microwave for 1 minute.

Stir, and microwave for one minute more.

Add 1/4 tsp baking soda and stir. Place next 4 ingredients in a glass bowl and mix well.

Add sugar mixture, mix well, and microwave entire mix for one minute. Remove and stir. Microwave another minute. Remove and stir. Microwave one more minute.

Remove and NOW add 1 bag of candy corn. Stir last time and spread out on wax paper until cool. Break up mix and place in airtight Tupperware for up to one week.

Submitted by Suzanne Photakis

Share your favorite recipe with the group!

EbellEats

Briam: Greek Baked Zucchini & Potatoes

- 2 large sweet potatoes peeled and thinly sliced
- 4 medium russet potatoes peeled and thinly sliced
- 1 large red onion thinly sliced
- 4 average zucchinis thinly sliced
- 2 cans of diced tomatoes
- 2 tablespoon fresh chopped parsley
- 2 tablespoons fresh chopped basil salt & pepper



This is a good holiday dish to use instead of mashed potatoes and gravy. It's all veggies and no oil. I recommend a tool to help you slice the veggies thinly.

Layer the zucchini, onion, and potatoes in a 9 x 13 dish. Cover with tomatoes, parsley, basil, salt and pepper. Toss all ingredients together. Bake in a preheated oven at 400* for 90 minutes. Stirring after 60 minutes. Cool before serving.

Submitted by Suzie Beining



September 28: National Day of Service













1st Vice President & Dean: Christine Truxaw

By the time you read this article, the month of October will be more than half over. October is one of my favorite months of the year. I love the fall weather, and I do enjoy a good pumpkin spice coffee drink.

On October 8, the Tuesday Evening Group enjoyed lots of pumpkin treats, and listened to our guest speaker Patricia Wenskunas, the founder of Crime Survivors. She was very interesting and informative.

At the November meetings, Mercedes with be bringing 25 angel cards from Crittenton. These cards have requests from the kids at the Crittenton facility for Christmas gifts. You are welcome to pick up a card or two purchase and wrap the gifts and return them at the December meeting. This is on a volunteer basis.

Lynn Winkler, our Environment Chair, is collecting spare change for Penny Pines. A tree planting program. Thank you to all that have donated to the cause. The club also donated money for trees to be planted in Craig Park.

The Evening Group spoke of a new idea for the club for an event around the International Day of Play. Their brainstorming an idea of creating a Day of Play at Hillcrest Park. The ideas included food trucks, and games for the kids. Think of it as a large community picnic. The goal is to get the kids playing outdoors, away from screens and get the clubs name out in the community. This event would be scheduled in June. They had a very good start for this idea. Let me know if you would like to be a part of the committee for this project.

4TH VICE PRESIDENTS - EVENTS: JO ANNE CARMONY & LORETTA WETZEL

On October 13, seven of our members enjoyed a Sunday matinee at the La Habra Depot Theatre in La Habra. The play was "Real Women have Curves."

Save the date for Sunday, December 8 for our Holiday Party at the home of Loretta Wetzel, 1310 Paseo Grande, Fullerton starting at 2:00 pm.

We will be doing a \$15 Gift Exchange plus playing games. This will be a potluck of appetizers and desserts so bring your favorite. Another good chance to get to know each other better and have some festive fun.

PERSONAL INTEREST:

Jan Murray has been in the hospital and now is in rehab for about a week. She had a blocked artery, but her body had already started working around the problem.

Lynn Winkler is still recuperating.

Evening Group Recap...

Patricia Wenskunas is the Founder/Chair of **Crime Survivors** PAC and has gained national renown for her tireless advocacy on behalf of the victims of violent crime. As a survivor of domestic violence, she spoke to us about why she founded the organization and her contribution in Marsy's Law.

For more information visit https://www.crimesurvivorsaction.org/







UPCOMING EVENING EVENTS....

November 12 - CPR demo

Sun., December 8 @ 2:00 pm Christmas Party & Gift Exchange At Loretta Wetzel's

January 14 - Bingo Out February 11 - Club Birthday



Hey Members... did you see our new Ebell Club Key Chains?

3RD VICE PRESIDENT: TINA FORTE

November 1: our guest speaker will be from SpoofDawg to the Rescue



SpoofDawg to the Rescue is a 501c3 non-profit charity that bridges the gap between pet supplies and small non-government funded animal rescue organizations in need. For more information go to https://spoofdawgrescue.org/

EBELL CLUB OF FULLERTON:		
2024-25 Meeting Schedule		
General Meeting / Lunch	Evening Meeting	Board Meeting
1 st Friday of the month	2 nd Tuesday of the month	4 th Wednesday of the month
November 1	November 12	November 20 * (3 rd Wed)
December 6 January 3	December 10 January 14	January 22
February 7	February 11	February 26
March 7	March 11	March 26
April 4	April 8	April 22
May 2	May 13	May 28
June 6	June 17	June 25



WHO'S IN THE SHOPPING MOOD?

In addition to the upcoming Angel Cards, let's bring some cheer to Veterans and Military Families living at Twentynine Palms.

For Military Families, you can bring toys to the event below on Thursday, November 21 at the Fullerton Museum Center Plaza, or to the November meeting and Ebell will donate the toy on your behalf.

- What: Senator Josh Newman's Toy Drive for Military Families
- When: Thursday, November 21 @ 6-8 PM
- Where: Fullerton Museum Center, 301 N Pomona Ave, Fullerton, CA
- RSVP: https://forms.gle/p4ws2gQ42dsXUvnt6

EBELL WILL BE DOING ONE AS WELL FOR VETERANS

Please contact co-chairs Sharon Hollon or Michelle Reynoso if you are interested in participating with the Ebell one with shopping, wrapping, etc. Deadline for the Ebell project is December 1st





Tell us a little about yourself... answer as many questions as you like, and email this back to EbellEchoNewsletter@gmail.com.

Name Sharon Hollon

When did you join Ebell? Jan 2024

What city or country where you were born? Los Angeles, CA

Besides your current city, where else have you lived?

Northern Virginia, in the DC suburbs

How many children or grandchildren do you have?

2 sons and 2 grandsons

Did or do you have pet(s)? Yes If so, what were some of the pet names? Spot and Princess - two cats

Are you a morning person or night owl? Night owl

What's your current or past occupation(s)? High School Teacher

What was your favorite job?

High School Teacher - still love my job!

Do you travel? Yes

If so, where have you been?

Mexico, Canada, France Germany

Which place was your favorite? Germany

Where have you always wanted to travel that is still on your bucket list? Iceland, Spain and Portugal

What is your favorite type of food to eat?

Not picky but I love Mexian and Italian

What is your favorite type of food to cook

What is your favorite type of food to cook? French Creole What is your favorite dish to cook or eat?

My granma's gumbo is my favorite

What are your favorite tv show(s) that you can watch over and over again?

I Love Lucy

What is a tv show you have heard people talk about, but you have never seen? Game of Thrones

What is a book you would recommend? The Berlin Ltters by Katherine Reay if you like historican fiction like I do

What kind or type of music do you enjoy? All Kinds

What are your favorite band or group you would (or have) seen live?
P!nk puts on quite a show! Linkin Park was terific, I've seen U2 6 times

If you could meet someone (alive or dead), who would it be? No explanation needed. Marie Therese Coincoin

What's the best gift someone has given you? My first son who was born on December 25

What are some of your hobbies? Reading and baking. I've read 112 books so far this year

Name something you collect? friends

Who was the last person you spoke to before starting this list?

My co-worker Angie who teaches at Fullerton High School with me

CFWC Photography Contest: Deadline January 10

If you are interested in entering, contact Mary Sprague or go to the CFWC website for the complete entry packet. https://www.cfwc.org/wp-content/uploads/2024-Photography-Contest-Info-and-Forms.pdf

ORANGE DISTRICT DEADLINE IS JANUARY 10

PHOTOGRAPHY CONTEST: ENTRIES DUE TO CFWC BY TUESDAY, APRIL 15, 2025

(Contestants should contact their District's Contest Chair for the District Deadlines)

I. THE WORLD IN PICTURES: These photographs showcase the people, places, and things at home and around the world that impact our lives in a meaningful way, as

a. Our World Up Close—Create a visual that offers a novel viewpoint or a macro image that takes the viewer into a whole new, tiny world. Macro photography creates photos of small items that appear to be larger than life-size. Some common examples are bugs or parts of flowers.

There are two main categories for the photography contest:

b. Natural Wonders—Use wide angles and panoramas, or landscape images, to showcase mountains, meadows, sandhills, rivers, waterfalls, oceans, deserts, or any other magnificent vista. The emphasis is on NATURAL.

c. Reflections—Feature an object, setting, situation, or landmark that is reflected in glass, water, or another mirrored surface



expressed in these three categories:





II. GFWC LIVING THE VOLUNTEER SPIRIT: These photographs capture the special moments in the lives of GFWC clubwomen as they actively meet, plan, advocate, volunteer, or celebrate in groups or one-on-one.

RULES FOR PHOTOGRAPHY CONTEST:

- Photographs must be the original work of the member submitting the photograph.
- o All contest photographers must be dues paying members of an active GFWC club.
- Photographs submitted for the first year of the administration must be taken between January 1,
 2024 and December 31, 2024.
- Contestants must be considered an amateur photographer (pursuing photography for pleasure versus for financial benefits.)
- o Entries are limited to one per member per category.

ARTWORK GUIDELINES FOR PHOTOGRAPHY CONTEST:

- Photographs may be vertical/portrait or horizontal/landscape.
- Photographs must be the original work of the member submitting the photo.
- Digital submissions are highly recommended.
- o If print photographs are submitted, they must be:
 - An 8 X 10-inch high-resolution print
 - Mounted on a rigid 8 X 10-inch board and overall thickness may not exceed 3/8 inch. No mattes, frames, or hangers are allowed.
- Qualified judges will look at the overall creativity of the subject while recognizing originality, visual
 impact, and quality of the photograph and technical skills in photography.
- Photographs may be taken using film or digital cameras and may be color or black and white
- o Photographs will NOT be returned.
- o Print photographs must have a label affixed to its back with the following information:
 - Contest name: The World in Pictures with category or GFWC Living the Volunteer Spirit
 - Photographer's Name, Email Address, Mailing Address, and Phone Number
 - Name of the sponsoring club, District, and Area
 - Title and brief caption giving location, date, and other pertinent info about the photograph
 - Arrow indicating top of the photograph
- Creative Arts Waiver Form for each submission (the form is provided at the end of this segment of the CFWC Yearbook, and in the Forms page on the CFWC website).
- Digital prints must include the same information within the email to which the digital print is attached.

DISCLAIMER

By submitting your photographs to GFWC for the GFWC Photography Contests on the national level, you are providing GFWC with a royalty-free perpetual license to use, reproduce, post, display, create derivative works, sell license, or sublicense the work in any media now known or later invented without limitation for commercial or non-commercial purposes.

HAVE YOU SEEN OUR UPDATED WEBSITE?

https://ebellcluboffullerton.com/







Find us on social media Ebell Club of Fullerton

Facebook and Instagram