

# Ebell Echo

November, 2023

Ebell Club of Fullerton  
P.O. Box 10145  
Fullerton, CA 92838  
[www.ebellclubfullerton.org](http://www.ebellclubfullerton.org)



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## ***Learn more about our organization!***

**Orange District** > [cfwcorangedistrict.com](http://cfwcorangedistrict.com)

**California Federation of Women's Clubs** > [www.cfwc.org](http://www.cfwc.org)

**General Federation of Women's Clubs** > [www.gfwc.org](http://www.gfwc.org)

### **MARY SPRAGUE – PRESIDENT**

I hope you enjoyed our October General Meeting as much as I did. Thanks again to Tina Forte for a wonderful program – Jerry the Magician. We all know there is a trick to magic but I certainly could not figure out how he did it but he was enjoyable.

Thank you also to Maxine Bisson, our Amenities Chairman, for all of the decorations and goodies and of course, for her costume. Between Maxine and Mercedes as a blond, I am not sure who turned the most heads. Also thank you to everyone who got in the spirit and dressed as: Halloween, Purple for Domestic Violence, Pink for Breast Cancer Awareness and something out of their closet they had not worn in a year.

Our **Web Page is up** but still under construction. On your computer go to the web page search or URL search and put in **[ebellcluboffullerton.com](http://ebellcluboffullerton.com)**. Please let me know what you think, any changes, suggestions or changes you think we should make. This is the club web page so we need everyone to like it and suggest potential members to it.

Ebell now has a web page, enjoyable programs, charitable donations, events – **WE ONLY NEED2 MORE THINGS** – actual hands-on projects that we all can get involved in and **NEW MEMBERS**.

If you have any suggestions for how we can become more involved, please let us know. We need to be involved so **MORE PEOPLE WILL WANT TO JOIN US**. We need to be involved so that we **CAN GET OUR NAME OUT THERE**. Remember this is your club and the success or failure of getting new members depends on all of us.



## **GENERAL MEETING**

November 3, 2023  
**ELKS LODGE**  
1400 Elks View Lane  
Fullerton

Luncheon Cost.  
\$24.00

10:30 Social  
11:00 Meeting

**DEADLINE FOR RSVP  
GENERAL LUNCHEON  
MEETING IS  
Friday before Meeting**

Call  
Reservation  
Chairman

Ethel Lee Hainline  
714-899-9382

**All members with  
reservations who do not  
cancel by the above date  
will be charged for the  
lunch.**

### **HAPPY BIRTHDAY**

**Karen Story  
11/1**

**Norma Gallant  
11/25**

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In writing this article for November, I am having a little problem thinking about Thanksgiving and the Holidays approaching because as you know it is 90+degrees outside but here is something to think about.

A Club Thanksgiving

TABLE: Brings the members together through communications, meetings and events

SILVERWARE: The tools used such as newsletter and emails

TURKEY: The main event – the accomplishments achieved

GRAVY: The warm feeling from helping others:

STUFFING: The projects we stuff into each year to meet community needs.

VEGETABLES: Our members – all different and worth getting to know

CRANBERRIES: The challenges faced that give a new perspective.

RELISH: Friends you meet by being a member

PUMPKIN PIE: Recognition – the sweet taste of success of a job well done.



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## **NORMA GALLANT & MERCEDES SZARKA – 2<sup>ND</sup> VICE PRESIDENT-MEMBERSHIP**

What a fun meeting and special treat having the amazing card tricks and humor from our program today, Tina, you are doing an amazing job. Last month the organizing lady made us all go home and clean out clutter or items not used in years. Many members shared that they did it!

Just a reminder, we will again be helping the children of Crittenton by buying gifts they request to make their holidays a little brighter. This is strictly optional. I will have the request list at our November meeting. If you chose to participate, please let me know at our meeting by signing up to fulfill a request. You will have until the December meeting to purchase your gift. When you sign up please take the gift request card and attach it to your wrapped gift. We will take all the gifts received directly after the meeting to Crittenton

As always ladies, we are needing to grow our membership to enrich our Ebell Club. Let's see if we can grow by asking our friends and neighbors to come check us out, hopefully they will see we are doing great things in our cities and support many worthwhile charities.

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## **TINA FORTE – 3<sup>RD</sup> VICE PRESIDENT**

The Program for our November meeting is Jay Williams form Orange County United

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## **JAN MURRAY—PERSONAL INTEREST**

Pat Bright is doing better each day. They have her up and walking

Oh! Ouch.... Janis has started physical therapy for her knees

Janis and others really enjoyed the Jerry the Magician and hopes that the club will have him back

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## PARLAMINTARIAN--LYNN WINKLER

From the Desk of Maria Sterk, O.D. Parliamentarian

Candidates are wanted to volunteer to serve on the Orange District Executive Committee.

If you wish to be a candidate for 1st Vice President, 2nd Vice President, 3rd Vice President, Recording Secretary, Director of Finance, Financial Secretary or Treasurer of Orange District, please let President Mary Sprague cp (714)393-8872 or Parliamentarian Lynn Winkler (714)396-0826 know. They will help you with the nomination.

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## Environment Chairman--LYNN WINKLER

Please take note of an interesting article that has been around a long time, but I thought it was a good reminder for us not to react too quickly to extremes until we find out the whole truth and longtime effects. A freshman at Eagle Rock Junior High won first place at the Greater Idaho Falls Science Fair on April 16. He was attempting to show how conditioned we have become to the alarmists practicing junk science and spreading fear of everything in our environment. In his project he urged people to sign a petition demanding strict control or total elimination of the chemical "dihydrogen monoxide." And for plenty of good reasons, since it can:

1. cause excessive sweating and vomiting
2. it is a major component in acid rain
3. it can cause severe burns in the gaseous state
4. accidental inhalation can kill you
5. it contributes to erosion
6. it decreases effectiveness of automobile brake
7. it has been found in tumors of terminal cancer patients

He asked 50 people if they supported a ban of the chemical. Forty-three said, "Yes."

Six were undecided, and only one knew that the chemical was - **WATER**

The title of his prize-winning project was, "How Gullible Are We?" He feels the conclusion is obvious.

*Dihydrogen monoxide is a technically coined appellation [formal name] though rarely used chemical name for water.*

This illustrates the reason to do your homework before taking the governments or any "so called experts" advice.

Remember when not too long ago we were told to not use paper goods to save the trees?

So plastic came into our lives BIG TIME, without looking into the long term effects on the environment.

Plastics do not decompose quickly! Sure some are reusable or recyclable but packaging and thicker plastics are not. Unfortunately, it takes a long time for them to break down in the landfills (dumps).

Sadly, the plastics that do not go into the dumps end up in the ocean! Plastics depend on the sun's UV radiation to break them down overtime, somewhere between 20 to 500 years. Because dumps fill up so quickly with other rubbish and dirt most plastics never 'see' the sun.

The NRDC (Natural Resources Defense Council) has listed 10 ways we can reduce plastic pollution. We can try to start thinking and caring more about the environment.

These are suggestions for how we can help:

1. Wean yourself off disposable plastics - i.e. grocery bags, straws, plastic wrap, etc.
2. Stop buying water - use reusable non-plastic bottles, use a filter on your tap.

3. Boycott microbeads - plastic scrubbers found in toothpaste, facial scrubs, body washes, etc.
4. Cook more - healthier & less expensive. When eating out bring your own take home containers.
5. Purchase things 2nd hand - remember new toys and electronic gadgets are wrapped in plastic packaging. Scout around online postings, thrift stores, and garage sells. [NRDC says that the items can be just as good but plastic free]
6. Recycle.
7. Support a bag tax or ban. [Encourage to bring your own bags.]
8. Buy in bulk. ??
9. Bring your own garment bag to the dry cleaner. [Do we still do this?]
10. Put pressure on manufacturers. Make your voice known, write a letter, or send a tweet to let them know that they also can make a difference in eliminating plastic pollution.

Everything seems to be wrapped in plastic...should we go back to paper? Should we do more research on ways to quickly 'break down' plastics? Let's all help and do what we can to save our planet. It's all up to us.



**See you at General Meeting November 3**